

Glow

Brightening Therapy

Treatment that reduces and restores skin discolorations with Peony and Vitamin C for all skin types.

Professional cosmetic facial treatment that repairs hyperpigmentation, blotches and dark spots while offering a uniform skin color tone and radiance. This treatment is based on the action of cosmetic products containing high concentrations of brightening and antioxidant ingredients in synergy with a specialized peeling and cellular stimulating system.

Main action

Brightening, uniform color tone, cellular stimulation.

Secondary action

Hydration, rejuvenation.

Skin concerns

Pigmentation problems, spots, blemishes.

Contraindications

Contraindicated in skin herpes zoster.

Skin types

All skin types.

Key ingredients

Peonia Flower Extract, L-Ascorbic Acid, Phytic Acid, Asyntra, Rumex Extract, Gallic Acid, Licorice, A-Arbutin, White Argile, Folic Acid.

Suggested applications: At least 10 applications, based on the skin condition. This protocol can be combined with other brightening protocols.

Session duration: 50-55 minutes

Repeatability: 1 time a week

Maintenance: Once per month

Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

1a. Sensitive Cleansing Gel

Cleanse the face and neck thoroughly with Sensitive Cleansing Gel and remove using a wet cotton pad.

(Total duration: 3 minutes)

Step 2: Triple Action Peeling System

At this stage we combine exfoliation, by removing the dead cells of the epidermis, with cellular stimulation and renewal. We apply a specialized brightening peeling system in **3 stages**:

2a. AHA Smoothing Cream (3ml)

Apply 3ml of AHA Smoothing Cream (Lactic Acid 2.7%, Glycolic Acid 5.3%, Mandelic Acid 1.0%/ pH ~ 5) on the face and neck, then massage for 3-5 minutes until absorbed. Allow it to dry for 3 minutes* and continue by rubbing with fingertips creating a gommage effect. This step is complete when all the gommage residue has been removed. *In the meantime, mix the Exfoliating Enzyme Mask with Exfoliating Enzyme Lotion. **(Duration: 9-11 minutes)**

2b. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)

The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

2c. Glow Peeling (1ml)

Apply 1ml Glow Peeling (Mandelic Acid 5%, Phytic Acid 1%, Ascorbic Acid 2% (3-O-Ethyl Ascorbic Acid), Gallic Acid 0.025%, Lactic Acid 14.6% / pH ~ 3,50). Leave on for 7 minutes and do not remove. In case of irritation rinse with water and move to the next step. **(Duration: 7 minutes)**

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

(Total duration: 16-18 minutes)

Step 3: Bright Repairing System

In this step we aim at reducing the tyrosinase action on melanin forming and at repairing of dyschromia's and dark spots, following **2 stages**:

3a. Folic Acid (B9) Serum (1ml)

On dry, oil-free skin apply 1ml of Folic Acid (B9) Serum on face and neck and massage gently until it is absorbed or ionize using the negative pole.

(Duration: 4 minutes)

3b. Brightening Latex Mask (40g) & Eye Shine Mask (1ml)

Mix Brightening Latex Mask (40g = 120ml) with 100ml water and apply over face and neck. With a soft brush apply 1ml Eye Shine Mask on the area around the eyes. Leave the masks on for 15 – 20 minutes remove the mask all in one and rinse the face, neck and eyes with water. **(Duration: 25 minutes)**

(Total duration: 29 minutes)

Step 4: Bright Protecting System

This step aims to balance melanin production and achieve colour tone uniformity, in **2 stages**:

4a. Vitamin C Serum (1ml)

On dry, oil-free skin apply 1ml Vitamin C Serum on the face and neck or ionize using the negative pole. **(Duration: 2 minutes)**

4b. Brightening Cream (2ml)

Apply 2ml of Brightening Cream and massage gently until it is absorbed.

(Duration: 1 minute)

(Total duration: 3 minutes)

Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Bliss SPF 50+ de-pending on the skin type, the season and time of the session. **(Duration: 1 minute)**

Step 6: Home Daily Regimen

Morning:

- Vitamin C Serum
- Brightening Cream

Night:

- Vitamin C Serum
- Brightening Cream

We strongly recommend the use of the home regimen products for at least two months.

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	Step	Product	Quantity/ application	Duration
1	Cleansing System	Sensitive Cleansing Gel	1ml	3 minutes
2	Triple Action Peeling System	AHA Smoothing Cream	3ml	9-11 minutes
		Exfoliating Enzyme Mask	1.5g	7 minutes
		Exfoliating Enzyme Lotion	3ml	
		Glow Peeling	1ml	
3	Bright Repairing System	Folic Acid (B9') Serum	1ml	29 minutes
		Brightening Latex Mask	40g	
		Eye Shine Mask	1ml	
4	Bright Protecting System	Vitamin C Serum	1ml	2 minutes
		Brightening Cream	2ml	1 minute
5	Sun Protection	Sunfilm Face Bliss SPF 50+	2ml	1 minute

Home Daily Regimen

Morning:

- Vitamin C Serum
- Brightening Cream

Night:

- Vitamin C Serum
- Brightening Cream