

Hydrating

Hydra Sooth Therapy

Hydrating body treatment with soothing properties, suitable for irritated skin.

Professional cosmetic body treatment that hydrates and restores dryness while soothes skin irritations and enhances its elasticity. This treatment is based on sea salt with olive oil, brown algae (Durvillea Antarctica, Sargassum) and moisturizers (Aquaderm) with regenerating (Cikaderm) agents.

Main action

Hydrating, soothing.

Secondary action

Regenerating, skin elasticity enhancing, toning.

Body concerns

Reduced water reserves of epidermis, skin dryness, rough epidermal texture, pre-invasive skin preparation (mesotherapy, chemical peelings, etc.)

Contraindications

No records.

Key ingredients

Durvillea Antarctica, Sea Buckthorn Oil, Hydroxyprolisilane, Sargassum, Cikaderm, Aquaderm, Isoslim Complex, Algisium C.

Suggested applications: 1-8 sessions, based on the body skin condition. This protocol can be applied either systematically to restore skin dryness or preventively to maintain the hydration balance of the skin.

Session duration: 40 minutes

Repeatability: 1-2 times a week

Maintenance: 1-2 times a month

Hydrating Hydra Sooth Therapy

Step 1: Exfoliating System

The main goal is to clean and remove dead skin cells from the skin without causing irritation.

1a. Exfo-1 Olive Paste (9ml)

Apply 9ml of the paste with olive oil and sea salt Exfo-1 Olive Paste by massaging it. The synergy of the olive oil with the salt grains, combines mechanical exfoliation and nourishment without causing irritation of the skin.

1b. Active-2 Post Paste (16ml)

Continue with 16ml Active 2-Post Paste until the salt grains dissolve and the oil is absorbed by the skin.

(Total duration: 15 minutes)

Step 2: Hydra Sooth

This step aims to balance the skin moisture, relieve irritation, and protect the skin barrier with brown algae and Sea Buckthorn Oil.

Hydra Soothing Wrap (1g)

Mix 1g Hydra Soothing Wrap with 40ml water (gradually add the powder to the water while mixing), mix well until a homogeneous gel is created and apply it in a thin layer.

Massage until it is absorbed and do not rinse.

(Duration: 20 minutes)

Step 3: Stretch Firm

This stage aims to maintain the water balance and enhance the skin elasticity.

Stretch Firm Cream (10ml)

Apply 10ml Stretch Firm Cream and massage gently until absorbed.

The synergy of the ingredients Isoslim Complex, Hydroxyprolisilane and Algisium C stimulates the production of collagen and elastin of the skin, while moisturizing and strengthening the supporting tissues of the skin.

(Duration: 5 minutes)

Step 4: Home Daily Regimen

• Stretch Firm Cream

Strongly recommend tactical use of home regimen products after and in between treatments, until all the quantity contained is used.

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	Step	Product	Quantity/ application	Duration
1	Exfoliating System	Exfo-1 Olive Paste	9ml	15 minutes
		Active-2 Post Paste	16ml	
2	Hydra Sooth	Hydra Soothing Wrap	1g	20 minutes
3	Stretch Firm	Stretch Firm Cream	10ml	5 minutes

Home Daily Regimen
Triple Action Shape Gel
Stretch Firm Cream